

Risk Assessment & Method Statement

Decorator / Painter Example RAMS – Low-VOC interior redecoration package

Version: 1

PUBLISHED

Trade: Decorator / Painter

Review Date: 31/07/2026

Basic Information

Organization: RAMS Builder Example

Client: Example Decorator / Painter Client

Site: Decorator / Painter Example Project - London SW1A 1AA

Scope of Work

Example RAMS covering Low-VOC interior redecoration package with hazards, permits, COSHH controls, emergency planning, and sign-off ready for project review.

Persons at Risk

Operatives, supervisors, visitors, neighbouring trades, and members of the public near the work area.

Hazards & Risk Assessment

5 hazards identified

VOCs / COSHH (solvents, paints)

Example control set for decorator / painter works on Low-VOC interior redecoration package.

Pre-Control: 14 (Medium Risk)

Post-Control: 5 (Low Risk)

Control Measures:

- COSHH assessment completed
- Adequate ventilation
- Solvent-resistant gloves

Sanding dust inhalation

Example control set for decorator / painter works on Low-VOC interior redecoration package.

Pre-Control: 13 (Medium Risk)

Post-Control: 4 (Low Risk)

Control Measures:

- Dust extraction
- RPE (FFP2 mask)
- Wet sanding where possible

Ladder and step work

Example control set for decorator / painter works on Low-VOC interior redecoration package.

Pre-Control: 12 (Medium Risk)

Post-Control: 3 (Low Risk)

Control Measures:

- Correct ladder for job
- 3-point contact
- Podium steps preferred

Fire risk (solvents and rags)

Example control set for decorator / painter works on Low-VOC interior redecoration package.

Pre-Control: 11 (Medium Risk)

Post-Control: 3 (Low Risk)

Control Measures:

- No ignition sources
- Rags in metal bin with lid
- Extinguisher available

Skin / eye contact (chemicals)

Example control set for decorator / painter works on Low-VOC interior redecoration package.

Pre-Control: 10 (Medium Risk)

Post-Control: 3 (Low Risk)

Control Measures:

- Barrier cream
- Safety goggles
- Wash facilities on site

Method of Work

6 steps outlined

1

Prepare surfaces (fill, sand, clean)

Related hazards: VOCs / COSHH (solvents, paints)

2

Isolate area and ensure ventilation

Related hazards: Sanding dust inhalation

3

Apply primer / undercoat

Related hazards: Ladder and step work

4

Apply finish coats (brush / roller / spray)

Related hazards: Fire risk (solvents and rags)

5

Allow dry time between coats

Related hazards: Skin / eye contact (chemicals)

6

Clean up and remove protection

Related hazards: Skin / eye contact (chemicals)

Personal Protective Equipment & Permits

PPE Required

Hard hat

Safety glasses/goggles

Solvent-resistant gloves

RPE with correct filter

Permits Required

COSHH review complete

Hot works permit if burn-off or heat gun work is required

COSHH Assessments

Control of Substances Hazardous to Health

Low-VOC satin paint

Use: Final decorative coat in occupied areas.

Exposure: Skin contact, vapour inhalation

Controls:

- Provide ventilation
- Wear gloves
- Seal containers after decanting

SDS: <https://rams-builder.app/sds/examples/decorator-satin-paint.pdf>

Emergency Procedures

First Aid

Stop work, make the area safe, and summon the appointed first aider. Escalate any serious injury through the site emergency procedure and record the incident before work restarts.

Fire Emergency

Raise the alarm, stop the task, isolate energy sources where safe to do so, and move to the agreed assembly point. Only trained operatives should attempt first-aid firefighting.

Spill Response

Stop the source if safe, isolate the area, use the spill kit or absorbent materials listed in the COSHH controls, and dispose of contaminated waste in line with the SDS.

Nearest Accident & Emergency

Nearest A&E to be confirmed during site induction and briefed to all operatives before works start.

Signatures & Approvals

This document has been reviewed and approved by:

Example Site Supervisor

Decorator / Painter Supervisor

15/01/2026, 09:30:00

This Risk Assessment & Method Statement must be reviewed before work commences.
All operatives must be briefed on the hazards and control measures outlined in this document.